

Rank	Distance	Dist (M)	Name	School	Date	Meet	Source
1	53-05		Kathleen Young	Warrensburg (W.-Latham)	6/3/2017	Iron Wood Throws Classic	Dyestat
2	51-10.83	15.82m	Jayden Ulrich	Wood River (East Alton-W.R.)	5/14/2021	Collinsville Girls Invitational	Athletic.net
3	51-00.75		Daniella Bunch	Mahomet-Seymour	5/5/2008	Cornbelt Conference Meet	Dyestat IL
4	50-09.5		Emmonnie Henderson	Edwardsville	5/18/2013	IHSA 3A State Finals	IHSA
5	50-00		Lena Giger	Highland	3/16/2014	New Balance Indoor Nationals	Dyestat IL
6	49-11.5		Kelsey Card	Carlinville	5/21/2011	IHSA State Championships	IHSA
7	49-08		Chloe Lindeman	Fulton	3/4/2019	Rock Falls Indoor Meet 1	Athletic.net
8	49-03		Latavia Maines	Centralia	3/11/2017	Charleston Girls Invitational	Dyestat
9	49-02		Bailey Wagner	Fox Lake (Grant)	5/9/2008	IHSA Class AA Sectional @ Grayslake	IHSA
10	48-08		Courtney Morgan	Metea Valley	3/25/2017	Illinois Top Times Championship - 3A	Dyestat
11	48-05.10	14.76m	Julia Reglewski	Grayslake (Central)	5/10/2021	Round Lake vs Grayslake Central Coed Dual	Athletic.net
12	48-02.5		Jasmine Mitchell	Thornwood	3/6/2019	District 205 Co Ed Open	Athletic.net
13	48-00.5		Lisa Ferry	Greenville	5/19/1979	IHSA State Class A Track Meet	IHSA
14	48-00		Banki Oginni	Hoffman Estates	3/29/2014	Illinois Top Times Championships - Class 3A	Dyestat IL
15	47-07.75		Ellie Weltha	Bloomington	3/25/2017	Illinois Top Times Championship - 3A	Dyestat
16	46-09.5		Heather Nelson	Belvidere	5/18/1991	IHSA State Class AA Track Meet	IHSA
17	46-08.75		Kim Bodey	Oak Lawn (Community)	5/18/1986	IHSA State Class AA Track Meet	IHSA
18	46-08.23	14.23m	Sarah Byrd	Springfield	5/14/2021	Collinsville Girls Invitational	Athletic.net
19	46-08		Adriann Leschewski	Morris	5/22/1999	IHSA State Class AA Track Meet	IHSA
20	46-08		Evangelynn Harris	East St. Louis	4/14/2018	15th Annual Corey Siebert Invitational	Athletic.net
21	46-07.75		Aveun Moore	Mt. Vernon	5/20/2017	IHSA 2A Girls State Championships	Dyestat
22	46-04.5		Tori Ziegler	Fox Lake (Grant)	4/24/2008	Lake County Invitational	Dyestat IL
23	46-02.75		Khadija Abdullah	Harvey (Thornton)	6/7/2008	Senior Spotlight meet	Dyestat IL
24	46-02		Tricia Weygand	Ottawa (Twp.)	5/1/1993		IHSA
25	46-01		Liz Chukwudebe	Springfield (Lanphier)	5/11/2001	IHSA Class AA Sectional	IHSA
26	46-00.75		Darla Bryant	Gardner (G.-South Wilmington)	5/18/1989	IHSA State Class A Track Meet	IHSA
27	46-00.25		Toni Wallace	East St. Louis (Lincoln)	5/21/1983	IHSA State Class AA Track Meet	IHSA
28	45-09.25		Ashley Minner	Jacksonville	5/17/2002	IHSA State Class AA Track Meet	IHSA
	45-09	13.94m	Zion Young	Maroa (M.-Forsyth)	5/23/2026	IHSA 1A Girls State Track & Field Championships	Athletic.net
1	45-08.5	13.93m	Olivia Marshall	Geneseo	4/19/2024	Geneseo Girls Invite	Athletic.net
2	45-08		Aaliah Herron	East St. Louis	3/28/2015	Festus Early Bird Invitational	Dyestat IL
3	45-07		Brenda Schumacher	Farmer City (F.C.-Mansfield)	5/1/1985		IHSA
4	45-07		Julie Sorrentino	Machesney Park (Harlem)	5/16/1997	IHSA Class AA Sectional	IHSA
5	45-06		Jennifer Brown	St. Joseph (S.J.-Ogden)	5/9/1997		IHSA
6	45-05.25		Paula Perczynski	Romeoville	5/1/1983		IHSA
7	45-05		Nikita Maines	Centralia	3/11/2017	Charleston Girls Invitational	Dyestat
8	45-05		Abena Atuobi	Warren Township	4/13/2017	Barrington Girls Invite	Dyestat
9	45-04		Precious Ogunleye	Hoffman Estates	4/26/2010	MSL West Meet	Dyestat IL
10	45-03.5		Megan Manning	Rock Island (Alleman)	5/18/2007	IHSA State Class AA Track Meet	IHSA
11	45-03		Ashley Gaston	East St. Louis (Sr.)	5/20/2011	IHSA State Championships Prelims	IHSA
12	45-02.75		Aliyah Covington	Edwardsville	5/24/2014	IL 3A Girls State Finals	IHSA
13	45-02.5		Angie Heitz	Monticello	5/1/1983		IHSA
14	45-02		Martha Shepard	Palatine	5/15/2009	IHSA Class AAA Sectional	IHSA
15	45-02		Cassidy Osborne-Butler	Mt. Zion	3/14/2015	Charleston Girls Invitational-Large Schools	Dyestat IL
16	45-01.5		Mary Ann Johnson	Hoffman Estates (Conant)	5/17/1975	IHSA State Track Meet (pre class)	IHSA
17	45-01		Katie Fare	Machesney Park (Harlem)	3/14/2019	NIC-10 Girls Indoor Championships	Athletic.net
18	45-00.75		Danielle Lawary	Belleville (West)	5/22/1999	IHSA State Class AA Track Meet	IHSA
19	45-00		Kim Simpson	Glen Ellyn (Glenbard South)	5/23/1987	IHSA State Class AA Track Meet	IHSA
20	45.04.48	13.83m	Ella O'Neill	Lincolnshire (Stevenson)	5/12/2022	IHSA Class 3A TRG Sectional #2 - Buffalo Grove	Athletic.net

Rank	Distance	Dist (M)	Name	School	Date	Meet	Source
21	44-11.75		Tayla Schwarz	Dixon	5/20/2017	IHSA 2A Girls State Championships	Dyestat
22	44-11.37	13.70m	Jenae Bothe	Oregon	4/19/2022	Oregon Apr 19 Meet	Athletic.net
23	44-10.75		Brooklyne Wilson	Aurora (Waubonsie Valley)	4/13/2017	Gus Scott Invitational @ Naperville North	Dyestat
24	44-10.25		Janelle Marconi	Downers Grove (North)	5/1/1986		IHSA
25	44-10.25		Emily Offenheiser	Stockton	5/19/2018	IHSA 1A Girls State Track & Field Championships	Athletic.net
	44-09.5	13.65m	Jaloni Wiley	Flossmoor (Homewood-F.)	4/22/2026	Homewood Flossmoor Girls Triangular	Athletic.net
1	44-09		Colleen McDonough	Tinley Park (Andrew)	4/30/2008	SW Suburban Red Conference	Dyestat IL
2	44-09		Whitney Walker	Illini Bluffs	4/27/2012	Roger Washburn Invitational	Dyestat IL
3	44-09		Miranda Cadwell	Plainfield (South)	4/25/2019	Stephen P. Hunt Invitational	Athletic.net
4	44-08.5		Chandler Hayden	Pittsfield	4/27/2018	Huck Finn / Molly Brown Relays (Hannibal)	Athletic.net
5	44-07.75		Debbie Rutkowski	Oak Lawn (Richards)	5/1/1985		IHSA
6	44-07.5		DeAmbrea Brown	Manual Academy	3/11/2017	Charleston Girls Invitational	Dyestat
7	44-07		Gabi Jacobs	Normal (University)	4/25/2014	Dunlap Relays	Dyestat IL
8	44-07		Oluwasheyi Taiwo	Thornwood	3/18/2017	SWSC Girls Indoor Championships	Dyestat
9	44-07		Aliyah McDaniel	Tolono (Unity)	3/7/2020	First to the Finish Girls Charger Invite	Athletic.net
10	44-06.5		Gail Smith	Heyworth	5/1/1980		IHSA
11	44-06		Tayla Schwarz	Dixon	5/12/2016	IHSA 2A Girls Rochelle Sectional	Dyestat IL
12	44-05.5		Jen Gilson	St. Charles	5/12/2000	IHSA Class AA Sectional	IHSA
13	44-05		Latisha Johnson	Jacksonville	5/1/2000		IHSA
14	44-05		Olivia Griswold	Neuqua Valley	4/24/2015	Neuqua Valley Invitational	Dyestat IL
15	44-04.5		Jalah Morris	Zion-Benton	4/27/2018	Tremper Twilight Invite	Athletic.net
	44-04.25	13.52m	Joi Story	Edwardsville	5/23/2026	IHSA 3A Girls State Track & Field Championships	Athletic.net
1	44-04		Brittany Smith	Oak Park-River Forest	3/28/2009	Illinois Prep Top Times	Dyestat IL
2	44-04		Claire Nolan	Taylorville	4/20/2012	Glenwood Co-Ed Invitational	Dyestat IL
3	44-03.75		Claire Bushur	Teutopolis	5/18/2019	IHSA 1A Girls State Track & Field Championships	Athletic.net
	44-03.25	13.49m	Makayla Gajewski	Nashville	5/23/2026	IHSA 1A Girls State Track & Field Championships	Athletic.net
1	44-02.5		Morgan Keller	Rolling Meadows	5/10/2013	IHSA 3A York Sectional	IHSA
2	44-01		Breanna Branson	Virden	5/21/2005	IHSA State Class A Track Meet	IHSA
3	44-00		Lauren LaDere	Frankfort (Lincoln-Way East)	4/8/2017	Homewood-Flossmoor Girls Invitational	Dyestat
4	43-11.5		Patti Kniepkamp	Belleville (West)	5/22/1976	IHSA State Track Meet (pre class)	IHSA
5	43-11.25		Shola Kadiri	Evanston (Twp.)	5/22/1998	IHSA State Class AA Track Meet	IHSA
6	43-10		Patience Grayer	Peoria (Manual)	5/1/1993		IHSA
7	43-09.59	13.35m	Maeve Kelly	Winnetka (New Trier)	5/21/2022	IHSA 3A Girls State Track & Field Championships	Athletic.net
8	43-09.5		Debbie Zubic	South Holland (Thornwood)	5/1/1983		IHSA
9	43-09.5		Megan Lauzon	Rushville-Industry	5/19/2012	IHSA 1A State Finals	IHSA
10	43-09		Niki Keith	Wheeling	5/1/1993		IHSA
11	43-08		Janet Bartkowitz	Berwyn (Morton East)	5/1/1984		IHSA
12	43-08		Margaret Gorski	Elmwood Park	5/24/2003	IHSA State Class AA Track Meet	IHSA
13	43-08		Kristin Constantine	Aurora (Waubonsie Valley)	3/23/2007	Lake Michigan Invite @ Carthage	IHSA
14	43-07.5		Katie Brauer	Belleville (East)	5/1/1986		IHSA
15	43-07.25		Michelle Less	Ottawa (Twp.)	5/1/1986		IHSA
16	43-07		Erin Reese	Prospect	5/23/2014	IL 3A Girls State Prelims	IHSA
17	43-07		Jennifer Donnell	Hoffman Estates (Conant)	5/23/2014	IL 3A Girls State Prelims	IHSA
18	43-07		Fiona Kanam	Niles North	5/7/2015	CSL-North Girls Conference Meet	Dyestat IL
19	43-06.83	13.28m	Becca Caliendo	Arlington Heights (Hersey)	5/21/2022	IHSA 3A Girls State Track & Field Championships	Athletic.net
20	43-06.75		Heidi Quast	Elk Grove Village (E.G.)	5/24/1997	IHSA State Class AA Track Meet	IHSA
21	43-06.75		Michaela Smith	Roselle (Lake Park)	3/5/2016	Hononegah Girls Classic	Dyestat IL
22	43-06.5		Jenna Silver	Elmhurst (York)	4/13/2006	Downers Grove North Invite- Ritter	IPTT
23	43-06		Sian Person	Carbondale	4/9/2016	Jackson Invitational	Dyestat IL

Rank	Distance	Dist (M)	Name	School	Date	Meet	Source
24	43-06	13.26m	Marco Reynolds	Normal (Community)	4/22/2025	Centennial vs Normal Community Co-Ed	Athletic.net
	43-06	13.26m	Arisa Bisofa	Lake Zurich	5/13/2026	IHSA Class 3A TRG Sectional - #02 Vernon Hills	Athletic.net
1	43-05.75		Erin Stein	Palatine	5/24/2003	IHSA State Class AA Track Meet	IHSA
2	43-05.5		Elizabeth Hampl	Troy (Triad)	5/21/2011	IHSA State Championships	IHSA
3	43-05.25	13.24m	Madelyn Bishop	Rockford (Boylan Catholic)	4/14/2023	Freeport Girls Invitational	Athletic.net
4	43-05		Mye'joi Williams	Rantoul	5/10/2018	IHSA 2A Girls Monticello Sectional	Athletic.net
5	43-05		Katelyn Young	Fithian (Oakwood)	5/13/2019	News-Gazette Honor Roll Meet	Athletic.net
6	43-04.75		Abby Lealaimatafao	Freeburg (Community)	3/15/2014	Charleston HS Girls Invitational - Large Schools	Dyestat IL
7	43-04.5		Morgan Reed	Thornwood	3/16/2019	SWSC Girls Indoor Championship	Athletic.net
8	43-04.5	13.22m	Chelsey Stotler	Toulon (Stark County)	4/29/2025	Stark County Tri - Galva & Princeville	Athletic.net
9	43-04		Alexandria Mccoy	Rockford (Auburn)	3/5/2016	Auburn Girls Indoor Invitational #2	Dyestat IL
10	43-03.29	13.19m	Dawson Wright	Evanston (Twp.)	5/20/2023	IHSA 3A Girls State Track & Field Championships	Athletic.net
11	43-02.50	13.17m	Claire Allen	Sandwich	5/5/2023	Interstate 8 Conference Girls Championships	Athletic.net
12	43-02.5		Claire Bushur	Teutopolis	3/31/2018	Teutopolis Invitational	Athletic.net
13	43-02.25		Kourtnee Hall	Jerseyville (Jersey)	5/21/2011	IHSA State Championships	IHSA
14	43-02		Christine Nosike	South Holland (Thornwood)	7/7/2020	Rockford Auburn Girls Showcase	Athletic.net
15	43-01.75		Katie Gonterman	Auburn	5/23/2015	IHSA Girls Class 1A State Finals	Dyestat IL
16	43-00.75		Joanne Reed	Metropolis (Massac County)	5/23/1992	IHSA State Class A Track Meet	IHSA
17	43-00.25		Paulina Gal	Burbank (Reavis)	5/24/2014	IL 3A Girls State Finals	IHSA
18	43-00.14	13.11m	Amaya Hendrickson	Hoffman Estates	5/5/2023	Mid-Suburban League Girls Conf. Championship	Athletic.net
19	43-00		Maria Pretnar	Hillsboro	5/11/2007	IHSA Class A Sectional	IHSA
20	43-00		Callie Glover	Bartlett	5/16/2003	IHSA Class AA Sectional	IHSA
21	43-00		Katie Vuckovich	Naperville (Neuqua Valley)	5/19/2007	IHSA State Class AA Track Meet	IHSA
22	43-00		Adrienne "AJ" Thome	Naperville North	4/19/2008	Glenbard West Invitational	Dyestat IL
23	42-11.75		Cora Caulfield	Fox Lake (Grant)	5/20/2006	IHSA State Class AA Track Meet	IHSA
24	42-11.25		Leann Powers	Normal (Community)	5/19/1984	IHSA State Class AA Track Meet	IHSA
25	42-11.25		Jody Rendon	Stockton (Coop)	5/12/2000	IHSA Class A Sectional	IHSA
26	42-11		Courtney Peters	Naperville (Central)	5/24/2003	IHSA State Class AA Track Meet	IHSA
27	42-10.75		Brittany Riley	Flossmoor (Homewood-F.)	5/23/2003	IHSA State Class AA Track Meet	IHSA
28	42-10.56	13.07m	Jaclyn Riedl	Des Plaines (Maine West)	5/20/2023	IHSA 3A Girls State Track & Field Championships	Athletic.net
29	42-10		Nikki Freeman	Cary-Grove	4/22/2016	McHenry County Championships	Dyestat IL
30	42-09.75		Tiffany Fry	Newman	5/15/1988	IHSA State Class A Track Meet	IHSA
31	42-09.5		Allison Richter	Troy (Triad)	4/29/2016	Collinsville Girls Invitational	Dyestat IL
32	42-08.59	13.02m	Antenise Williams	Schaumburg	5/20/2023	IHSA 3A Girls State Track & Field Championships	Athletic.net
33	42-08.5		Jessica Travers	Mt. Prospect (Prospect)	5/13/2005	IHSA Class AA Sectional	IHSA
34	42-08		Autumn Miller	Machesney Park (Harlem)	4/29/2011	Woodstock Invitational	Dyestat IL
35	42-07.5		Shani Brown	Chicago (Mather)	5/22/1998	IHSA State Class AA Track Meet	IHSA
36	42-07.5		Makiyha Blackwell	Hoffman Estates	5/18/2019	IHSA 3A Girls State Track & Field Championships	Athletic.net
37	42-07.5	12.99m	Chidiogo Odeluga	Windy City Hammers	6/21/2024	USATF Illinois Association Junior Olympic Champs	Athletic.net
38	42-07		Bridget Bishop	Rockford (Boylan Catholic)	5/20/2017	IHSA 2A Girls State Championships	Dyestat
	42-07	12.98m	Isabella Thurston	Normal (University)	5/23/2026	IHSA 3A Girls State Track & Field Championships	Athletic.net
1	42-06.75		Saige Barnett	Bureau Valley	3/16/2019	Byron Indoor Classic	Athletic.net
2	42-06.62	12.97m	Madyson Swope	Carbondale	5/21/2022	IHSA 2A Girls State Track & Field Championships	Athletic.net
3	42-06.5		Ade Oshinowo	Aurora (Waubonsie Valley)	4/20/1998	Gus Scott Invitational @ Naperville North	HS Website
4	42-06.5		Haleigh Theuerkauf	Batavia	3/12/2011	Batavia meet	Dyestat IL
5	42-06.5		Myra Diggins	Galesburg	5/4/2012	Western Big 6 Conference	Dyestat IL
6	42-06.5		Maya Marion	Aurora (West)	5/24/2014	IL 3A Girls State Finals	IHSA
#REF!	42-06.5		Jamesha Western	Bridgeport (Red Hill)	3/23/2015	Red Hill HS Home Outdoor Meet	Dyestat IL
#REF!	42-06.25	12.96m	Natassja Bowman	Rockford (Guilford)	5/14/2025	IHSA Class 3A TRG Sectional - #01 Huntley	Athletic.net

Rank	Distance	Dist (M)	Name	School	Date	Meet	Source
#REF!	42-06		Aimee Sawlaw	Monticello	5/19/1979	IHSA State Class A Track Meet	IHSA
#REF!	42-06		Rachel Redmond	Lincolnshire (Stevenson)	4/29/2010	Lake County Invite	Dyestat IL
#REF!	42-06		Olivia Herzog	Sullivan	5/13/2010	IHSA 1A Cumberland Sectional	IHSA
#REF!	42-06		Rachel Clowers	Pleasant Hill	5/14/2015	IHSA Class 1A Girls Sectional	Dyestat IL
#REF!	42-05.5		Kendra German	Watseka	5/21/1977	IHSA State Track Meet (pre class)	IHSA
#REF!	42-05.5		Daisha Townsend	Cahokia	5/24/2014	IL 2A Girls State Finals	IHSA
	42-05.25	12.93m	Blessing Aneng	Skokie (Niles North)	5/23/2026	IHSA 3A Girls State Track & Field Championships	Athletic.net
1	42-05.05	12.93m	Maryiah Menicucci	Marion	5/3/2022	South Seven Girls Varsity and JV Conference Meet	Athletic.net
2	42-05.05	12.93m	Reese Garland	Oak Park (O.P.-River Forest)	5/20/2023	IHSA 3A Girls State Track & Field Championships	Athletic.net
3	42-05		Erin Wycoff	Troy (Triad)	4/5/2008	JK Relays; E. St. Louis	Dyestat IL
4	42-05		Lashonda Brewer	Cahokia	3/7/2014	SIU Girls HS Invitational	Dyestat IL
5	42-04.26	12.91m	Courtney Clabough	Yorkville	5/11/2023	2023 IHSA Class 3A TRG Sectional @ Moline HS	Athletic.net
6	42-04.25		Sue Manier	St. Charles	5/21/1979	IHSA State Class AA Track Meet	IHSA
7	42-04.25		Alexis Hutchins	Harvey (Thornton)	5/20/2017	IHSA 3A Girls State Championships	Dyestat
8	42-04.25	12.91m	Emily Sykes	Granite City	5/18/2024	IHSA 3A Girls State Track & Field Championships	Athletic.net
9	42-04		K'Leesa Gilliam	Springfield Southeast	4/25/2012	Springfield City Meet	Dyestat IL
10	42-04		Holly Julifs	Aurora (Metee Valley)	3/22/2014	Upstate Eight Conf Girls Indoor Meet	Dyestat IL
11	42-04		Bralon Mack	Herrin	4/18/2016	Don Webb Invitational	Dyestat IL
12	42-04		Kaylynne Terry	Streator (Twp.)	5/20/2017	IHSA 2A Girls State Championships	Dyestat
13	42-04	12.90m	Carmyn Huston	Monmouth (M.-Roseville)	4/25/2024	Sherrard Tiger Relays	Athletic.net
14	42-03.75		Jazzmine Poole	East St. Louis	5/3/2017	Southwestern Conference Championships- Girls	Dyestat
15	42-03.5		Caryn Poliquin	Gurnee (Warren)	5/24/1997	IHSA State Class AA Track Meet	IHSA
16	42-03.5		Alyssa Sturgeon	Murphysboro	4/14/2012	Murphysboro Invitational	Dyestat IL
17	42-03.25		Tammy Renda	Lincolnshire (Stevenson)	5/15/1995	IHSA State Class AA Track Meet	IHSA
18	42-03.25		Camille Clay	Lincolnshire (Stevenson)	2/29/2020	Wheeling Girls Indoor Invite	Athletic.net
	42-03.25	12.88m	Carly Uehlein	Algonquin (Jacobs)	4/17/2026	Naperville North "Gus Scott" Invite	Athletic.net
1	42-03		Lindsay Trudell	Schaumburg	5/15/1994	IHSA State Class AA Track Meet	IHSA
#REF!	42-03		MaKenna Wilson	Charleston	3/11/2017	Charleston Girls Invitational	Dyestat
#REF!	42-03		Daija Range	Galesburg	3/16/2019	13th Annual Silver Streak Last Chance Meet	Athletic.net
	42-03	12.88m	Emma Skeate	Marion	5/6/2026	Girl's South 7 Conference	Athletic.net
1	42-02.5		Carrie Carpenter	Rock Island	5/16/2003	IHSA Class AA Sectional	IHSA
2	42-02.25		Meaghan Byrd	Huntley	5/18/2001	IHSA State Class A Track Meet	IHSA
3	42-02.25		Adabelle Ekechukwu	Hinsdale (Central)	5/8/2010	West Suburban Silver Conference	Dyestat IL
4	42-02.25		Raven Morris	Zion-Benton	5/21/2016	IHSA Girls 3A State Championships	Dyestat IL
5	42-02		Dore DeBartolo	Aurora (Rosary)	5/16/1997	IHSA Class AA Sectional	IHSA
6	42-02		Natasha Rodgers	Aurora (IL Math & Science Acad)	5/16/1997	IHSA Class AA Sectional	IHSA
7	42-02		Sam Springer	Tremont	5/14/2004	IHSA Class A Sectional	IHSA
8	42-02		Janine Zylinski	Maple Park (Kaneland)	5/21/2004	IHSA State Class AA Track Meet	IHSA
9	42-02		Trinity Wilson	Lansing (Thornton Fractional South)	4/12/2019	Yorkville Invitational	Athletic.net
10	42-01.75		Kim Gendron	Pinckneyville	5/15/1991	IHSA State Class A Track Meet	IHSA
11	42-01.75		Geneva McCall	Dolton (Thornridge)	4/21/2007	Sue Pariseau Invite	Dyestat IL
12	42-01.5		Merilyn Brown	Mattoon	5/21/1999	IHSA State Class AA Track Meet	IHSA
13	42-01.5		Melanie Thompson	Bureau Valley	5/14/2010	IHSA 1A Bureau Valley Sectional	IHSA
14	42-01.5		Rachel Bicknase	Fox Lake (Grant)	5/21/2016	IHSA Girls 3A State Championships	Dyestat IL
15	42-01		Brittany Bush	Moline	5/15/2010	IHSA 3A Moline Sectional	IHSA
16	42-01		Tayler Weaver	Mattoon	3/19/2016	Gene Armer Invitational	Dyestat IL
17	42-01		Amy Zabka	Batavia	5/3/2019	Dukane Girls Conference Championships	Athletic.net
18	42-00.5		Jodi Ottersburg	Gillespie	5/24/1997	IHSA State Class A Track Meet	IHSA
19	42-00.5	12.81m	Roisin Grandberry	Rolling Meadows	5/18/2024	IHSA 3A Girls State Track & Field Championships	Athletic.net

Rank	Distance	Dist (M)	Name	School	Date	Meet	Source
	42-00.5	12.81m	Klara Volkova	Roselle (Lake Park)	4/14/2026	GBN Tri #2	Athletic.net
1	42-00.25		Abby Nicholson	Jamaica	3/25/2016	Illinois Top Times Championships - Class 1A	Dyestat IL
2	41-11.75		Stephanie Montenegro	Roselle (Lake Park)	5/3/2018	DVC Girls Outdoor Championships	Athletic.net
3	41-11		J'Lynn Ayers	Danville	4/2/2011	Jackie Joyner-Kersee Relays	Dyestat IL
4	41-11		Sarah Wastek	Naperville (North)	5/11/2017	IHSA 3A Girls Ottawa Sectional	Dyestat
5	41-11		Kelly Pottorff	Troy (Triad)	5/9/2018	IHSA 2A Girls Springfield Lanphier Sectional	Athletic.net
6	41-10.75	12.77m	Sofiabella Amirante	Barrington	5/20/2023	IHSA 3A Girls State Track & Field Championships	Athletic.net
7	41-10.5		Ashley Chervinko	Hoffman Estates	5/17/2008	IHSA Class AA Sectional	IHSA
8	41-10		Amanda Hilliard	Carol Stream (Glenbard North)	3/26/2011	IPTT Classic - Class 3A	Dyestat IL
9	41-10		Sam Voegtle	Belleville West	5/19/2012	IHSA 3A State Finals	IHSA
10	41-10		Clara Macheras	Warren Township	4/25/2019	2019 Girls Lake County Invitational	Athletic.net
11	41-10		Dior Nicholson	Hinsdale (Central)	5/18/2019	IHSA 3A Girls State Track & Field Championships	Athletic.net
12	41-09.5		Megan Alberts	Freeburg	5/24/2003	IHSA State Class A Track Meet	IHSA
13	41-09.5		Morgan Wrublik	Lemont	5/9/2019	IHSA 3A Girls Naperville North Sectional	Athletic.net
14	41-09.5		Taylor Kesner	Highland	5/10/2019	IHSA 2A Girls Triad Sectional	Athletic.net
15	41-09.25	12.73m	Laila Richardson	Minooka	4/12/2024	Minooka Girls Invitational	Athletic.net
16	41-09.18	12.73m	Tamara Harden	Richton Park (Rich Township)	5/20/2023	IHSA 3A Girls State Track & Field Championships	Athletic.net
17	41-09		Yvonne Williamson	Glen Ellyn (Glenbard West)	5/21/2004	IHSA State Class AA Track Meet	IHSA
18	41-09		Amanda Streeter	Port Byron (Riverdale)	4/23/2007	Port Byron triangular	Dyestat IL
19	41-09		Karly Goodman	Arthur	4/22/2014	Bi-County Track Meet	Dyestat IL
20	41-09		Rachyl Anderson	Salt Fork	3/11/2017	Charleston Girls Invitational	Dyestat
21	41-09		Batya Butler	Dunlap	5/10/2019	IHSA 3A Girls Moline Sectional	Athletic.net
22	41-08.75		Catherine Jakich	Granite City	5/22/2015	IHSA Girls Class 3A State Prelims	Dyestat IL
23	41-08.75	12.72m	Lejla Maljevic	Evanston (Twp.)	5/8/2025	CSL-South Girls Conference Championships	Athletic.net
24	41-08.5		Darnissa Gray	Westchester (St. Joseph)	5/14/2010	IHSA 2A Glenbard South Sectional	IHSA
25	41-08.5		Melissa Dunham	Fox Lake (Grant)	4/26/2012	Lake County Invitational	Dyestat IL
26	41-08		Shayna Clark	Roselle (Lake Park)	5/10/2012	IHSA 3A Lake Park Sectional	IHSA
27	41-07.75		Alisa Fallon	Maine West	5/4/2017	CSL-North Girls' Conference Championship	Dyestat
28	41-07.5		Lashonte Thomas	North Chicago	5/10/2002	IHSA Class AA Sectional	IHSA
29	41-07.5		Aja Evans	Chicago (Morgan Park)	5/19/2006	IHSA State Class AA Track Meet	IHSA
30	41-07.5		Qualicia Miller	Aurora (Metee Valley)	3/15/2014	Oswego / Metee Valley Girls Dual	Dyestat IL
31	41-07.25		Sam Serrano	Hoffman Estates	5/22/1998	IHSA State Class AA Track Meet	IHSA
32	41-07.25		Katherine Lauesen	Bartlett	5/3/2012	Upstate 8 Conference - Valley Division	Dyestat IL
33	41-07		Taylor Carbaugh	Sterling	5/19/2001	IHSA State Class AA Track Meet	IHSA
34	41-07		Tina Norris	Naperville Central	5/18/2013	IHSA 3A State Finals	IHSA
35	41-07		Lexie Yeley	Pekin (Community)	5/16/2014	IL 3A Rock Island Girls Sectional	IHSA
36	41-07		Kindle Miles	Harvey (Thornton)	4/9/2019	Bolingbrook-Thornton-LWC Tri Meet	Athletic.net
37	41-07		Ellie Lamb	Rushville (R.-Industry)	5/8/2019	IHSA 1A Girls Rushville-Industry Sectional	Athletic.net
38	41-06.75		Nicole Salata	Palatine	5/18/2001	IHSA State Class AA Track Meet	IHSA
39	41-06.75		Rachel Galligan	Bloomington (Central Catholic)	5/21/2005	IHSA State Class A Track Meet	IHSA
40	41-06.5		Tabitha Smith	Oregon	5/18/2007	IHSA State Class A Track Meet	IHSA
41	41-06.5		Dana LaRue	South Holland (Thornwood)	5/16/2008	IHSA state prelim	Dyestat IL
42	41-06		Cassie Howard	Fox Lake (Grant)	5/16/2003	IHSA Class AA Sectional	IHSA
43	41-06		Keri Gavin	Palatine	5/23/2003	IHSA State Class AA Track Meet	IHSA
44	41-06		Jennifer Kunavich	Streamwood	5/13/2005	IHSA Class AA Sectional	IHSA
45	41-06		Allissa Patient	Macon-Meridian	4/20/2007	Clinton Invitational	Dyestat IL
46	41-06		Sarah Drozdowski	Roselle (Lake Park)	4/17/2010	Rock Island Invitational	Dyestat IL
47	41-06		Lane Kadlec	Lockport (Twp.)	5/1/2015	Weber Invitational	Dyestat IL
48	41-06		Carrie Ferguson	Port Byron (Riverdale)	5/11/2017	IHSA 1A Girls Bureau Valley Sectional	Dyestat

Rank	Distance	Dist (M)	Name	School	Date	Meet	Source
49	41-06		Arriana Benjamin	Quincy	5/12/2017	IHSA 3A Girls Belleville West Sectional	Dyestat

Athletic.net - data came from Athletic.net website
 Dyestat - data came from Dyestat website
 Dyestat IL - data came from Dyestat Illinois website
 HS website - data came from a high school website
 IHSA - data came from IHSA website
 IHSaP - data came from paper records at IHSA
 IPPT - data came from Illinois Prep Top Times website
 TT - data came from Timely Times 1973 record book