

**(PLEASE READ THIS CAREFULLY, THERE HAVE BEEN SOME CHANGES)**

**Burlington Central's Throws & Vault Coed Meet**

**February 15<sup>th</sup> , 2020**

**Co-Sponsored by MF-Athletic**

- The meet is set for **Saturday, February 15<sup>th</sup>** . and is set to start at **10:00 am**. The field house will be open at **9:00 am**.
- Since no team score will be kept this meet counts as one of the athletes 21 individual meets not one of the teams 18 meets.
- There Will be 8 teams competing in the Throws:
  - **Boys & Girls Teams:** 3 Varsity Throwers & 3 Under Level Throwers
- There Will be 6 teams competing in the Vault:
  - **Boys & Girls:** 2 Varsity & 1 Under Level Vaultler
- Cost of the meet is \$125 per girl's team & \$125 per guy's team.
- **SHOT PUT PORTION OF THE MEET:**
  - There is a maximum number of six shot putters per school. 3 varsity, 3 F/S (JV for girls)
  - All levels will compete at the same time. We will have 4 active rings
  - Each level will compete for a king or queen of the ring. (see below for bracket)
  - The top thrower from each school will compete in the tournaments later rounds.
  - Throws from each round **DO NOT** carry over to the next round.
  - Prizes will be given to the top 3 places for each level.

**SHOT PUT KING/QUEEN OF THE RING BRACKETS:** This year we are expanding to 8 teams so this will be repeated twice.

**Team 1**

Athlete 1 (gets 4 throws)

Athlete 2 (gets 4 throws)

Athlete 3 (gets 4 throws)

Best thrower (2 throws)

**Team 2**

Athlete 1 (gets 4 throws)

Athlete 2 (gets 4 throws)

Athlete 3 (gets 4 throws)

Best thrower (2 throws)

**Team 3**

Athlete 1 (gets 4 throws)

Athlete 2 (gets 4 throws)

Athlete 3 (gets 4 throws)

Best thrower (2 throws)

**Team 4**

Athlete 1 (gets 4 throws)

Athlete 2 (gets 4 throws)

Athlete 3 (gets 4 throws)

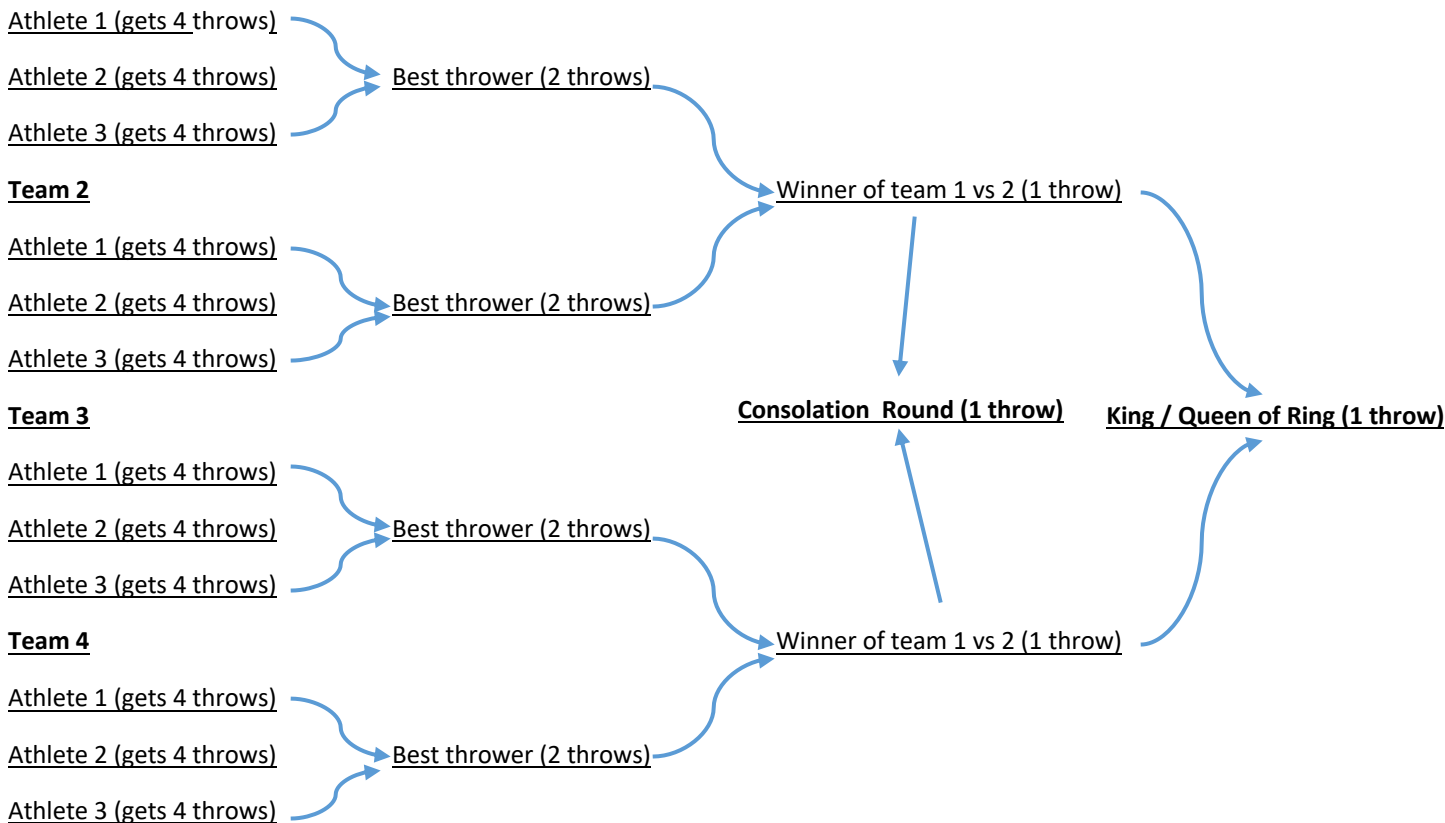
Best thrower (2 throws)

Winner of team 1 vs 2 (1 throw)

Consolation Round (1 throw)

King / Queen of Ring (1 throw)

Winner of team 1 vs 2 (1 throw)



- **VAULT PORTION OF THE MEET:**

- There is a maximum number of three vaulters per school. 2 varsity, 1 F/S (JV for girls)
- The girls junior varsity. & varsity will be combined and jump first.
- The boys frosh/soph. & varsity will be combined and jump second.
- Prizes will be given for the top 3 places at each level.

**1/8" SPIKES ARE ALLOWED ON OUR SURFACE**

**You may wear 1/8" spiked shoes on the track & runway only!**

**No Spikes are to be worn on the basketball surfaces.**

Starting height for the pole vault will be determined by the athlete's coaches the day of the meet.

There will be no locker room facilities available at the facility.

There is no admission charge for spectators.

We will have IHSA certified officials running the events. We would also like to have one volunteer worker from each school. This worker can be a coach, parent or qualified athlete. We will have music playing and plan to have a festive feel at the meet.

**AWARDS:**

- 1<sup>st</sup> place: MF Gift Card (Amount to be determined)
- 2<sup>nd</sup> place: MF Gift Card (Amount to be determined)
- 3<sup>rd</sup> place: MF Gift Card (Amount to be determined)
- MF-Athletics will provide Deluxe Drawstring Bags to each participant at the meet.

**MF ATHLETIC:**

ROB LASORSA FROM MF ATHLETIC WILL BE AT THE MEET. HE WILL HAVE SOME EQUIPMENT THAT CAN BE PURCHASED FOR DISCOUNTED PRICES. HE WILL ALSO BE TAKING ORDERS ON EQUIPMENT AT A DISCOUNTED PRICE.

**PS: I am still making changes to this meet to make it the best possible meet it can be so the above information may change somewhat before the meet.**

**Thanks,**

**Jim Aikens (Meet Director)**