

IL Girls Discus Top Perf 2017.7.30

Rank	Distance	Name	School	Date	Meet	Source
1	167-08	Emmonnie Henderson	Edwardsville	4/15/2013	Edwardsville Lady Tigers Relays	Dyestat IL
2	167-04	Kelsey Card	Carlinville	5/22/2010	IHSA A State Meet	IHSA
3	164-05	Doré DeBartolo	Aurora (Rosary)	5/12/1997		IHSA
4	163-02	Bailey Wagner	Fox Lake (Grant)	4/21/2008	dual vs. Vernon Hills	Dyestat IL
5	158-00	Brittany Smith	Oak Park-River Forest	5/8/2009	WSC Silver championship	Dyestat IL
6	157-07.5	Kathleen Young	Warrensburg (W.-Latham)	4/20/2017	Clinton Girls Track Carnival	Dyestat
7	157-05.5	Laura Mindock	Taylor Ridge (Rockridge)	1991		IHSA
8	155-10	Manette Cheshareck	Minooka	1987		IHSA
9	154-4	Jada Jackson	Shepard	6/5/2016	Chicagoland Throws Meet @ North Central	Dir Ath
10	154-11	Toni Wallace	East St. Louis (Lincoln)	1983		IHSA
11	154-00	Holly Julifs	Aurora (Metea Valley)	4/25/2014	Metea Valley Girls Invitational	Dyestat IL
12	153-08	Rachel Clowers	Pleasant Hill	4/19/2016	Unity Invitational	Dyestat IL
13	153-04	Sherri Brinkman	Arlington Heights (Forest View)	1982		IHSA
14	152-08	Emma Schmelzer	Bloomington (H.S.)	2004		IHSA
15	152-03	Hannah Baker	Marion	4/21/2009	Massac Invite	Dyestat IL
16	151-10	Lena Giger	Highland	4/29/2014	Madison County Championships	Dyestat IL
17	150-07	Jordan Harris	Champaign (Centennial)	5/16/2008	IHSA AA State Meet	IHSA
18	150-03.5	Erin Wycoff	Troy (Triad)	3/25/2008	Triad triangular meet	Dyestat IL
19	150-03	Jennifer Brown	St. Joseph (S.J.-Ogden)	5/16/1997		IHSA
20	150-02	Morgan Keller	Rolling Meadows	5/10/2013	IHSA 3A York Sectional	IHSA
21	150-02	Nikki Freeman	Cary-Grove	4/22/2016	McHenry County Championships	Dyestat IL
22	150-01	Heather Nelson	Belvidere	1991		IHSA
23	150-00	Erin Reese	Prospect	4/11/2014	Prospect Girls Relays	Dyestat IL
24	149-06	Jazzmine Poole	East St. Louis	5/12/2017	IHSA 3A Girls Belleville West Sectional	Dyestat
25	149-04	Rachyl Anderson	Salt Fork	5/2/2017	Paris Triangular	Dyestat
26	149-03	Melissa Dunham	Fox Lake (Grant Community)	5/9/2013	IHSA 3A Belvidere North Sectional	IHSA
27	149-02	Maggie Isaac	Carol Stream (Glenbard North)	1996	IHSA Class AA State Meet	IHSA
28	148-08	Angie Heitz	Monticello	1982		IHSA
29	148-07	Jewel Sanders	Peoria (Richwoods)	4/29/2006	Palatine Relays	IHSA
30	148-05	Adrienne Leschewski	Morris	1999	IHSA AA State Meet	IHSA
31	148-00	Brooklyne Wilson	Aurora (Waubonsie Valley)	4/13/2017	Gus Scott Invitational	Dyestat
32	147-07	Sue McDonnell	Darien (Hinsdale South)	1987		IHSA
33	147-04	Katherine Dykstra	Winnetka (New Trier)	4/26/2003	Palatine Quad	IHSA
34	146-11	Jazjuan Wallace-Sipp	Harvey (Thornton)	5/12/2011	IL 3A Homewood Flossmoor Sectional	IHSA
35	146-09	Terika Smith	Evanston (Twp.)	1988		IHSA
36	146-09	Courtney Morgan	Aurora (Metea Valley)	5/8/2014	UEC Girls Conference Championships	Dyestat IL
37	146-03	Michaela Smith	Roselle (Lake Park)	4/23/2016	Carol Koszola Invite	Dyestat IL
38	146-01	Tori Ziegler	Fox Lake (Grant)	2008	IHSA AA Sectional	IHSA
39	145-09	Erica Brooks	East St. Louis (Lincoln)	1989	IHSA Class AA State Meet	IHSA
40	145-08	Gabi Jacobs	Normal (University)	4/25/2014	Dunlap Relays	Dyestat IL
41	145-08	Tayla Schwarz	Dixon	5/21/2016	IHSA Girls 2A State Championships	Dyestat IL
42	145-06	Mikah Maples	Moweaqua (Central A-M)	4/29/2016	Lady Sages Invitational	Dyestat IL

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43	145-05	Rebecca Koehler	Bolingbrook	1998	IHSA AA Sectional	IHSA
44	145-05	Jocelyn Schineller	West Chicago (H.S.)	2000	IHSA AA Sectional	IHSA
45	145-00	Sharon Rodenhasuer	Addison (A. Trail)	1983		IHSA
46	144-10	Aveun Moore	Mt. Vernon	4/24/2017	Herrin Invite	Dyestat
47	144-07	Nicole Salata	Palatine (H.S.)	2001	IHSA AA State Meet	IHSA
48	143-11	Lindsay Herra	Boylan Catholic	5/10/2013	IHSA 2A Burlington Central Sectional	IHSA
49	143-10	Danielle Mall	Lincolnshire (Stevenson)	1994		IHSA
50	143-10	Jennene Anthony	East St. Louis (Sr.)	2004	IHSA AA State Meet	IHSA
51	143-07	Elle Alexander	Chatham (Glenwood)	4/24/2015	Co-Ed Titan Invite	Dyestat IL
52	143-05	Raelene Carter	Beardstown	1988	IHSA Class A State Meet	IHSA
53	143-02	Loni Goeke	Dakota	1998	IHSA A Sectional	IHSA
54	143-01	Johanna Wienke	Tuscola	2004	IHSA A Sectional	IHSA
55	142-10	Alex Mason	Sandwich	5/1/2015	Seegers Invitational	Dyestat IL
56	142-07	Cora Caulfield	Fox Lake (Grant)	2006	IHSA AA State Meet	IHSA
57	142-06	Janelle Marconi	Downers Grove (North)	1986	IHSA Class AA State Meet	IHSA
58	142-06	Precious Ogunleye	Hoffman Estates (H.S.)	5/6/2011	Mid Suburban League Championships	Dyestat IL
59	142-03	Kirstin Thompson	Normal (Community West)	5/22/2010	IHSA State Championships	IHSA
60	142-00	Danielle Eiler	Fox Lake (Grant)	2005	IHSA AA State Meet	IHSA
61	141-10	Amy Zaffino	Minooka	2004	IHSA AA State Meet	IHSA
62	141-10	Riana Lynn	Evanston (Twp.)	2004	IHSA AA State Meet	IHSA
63	141-07	Jalah Morris	Zion-Benton	5/4/2017	North Suburban Conference Girls	Dyestat
64	141-02	Ashley Gaston	East St. Louis (Sr.)	5/13/2011	IHSA 3A IHSA O'Fallon Sectional	IHSA
65	141-00	Kala Hinrichs	Rushville (Coop)	2002	IHSA A Sectional	IHSA
66	140-10	Sam Springer	Tremont	2005	IHSA A State Meet	IHSA
67	140-09	Tracy Moss	Minooka	1998	IHSA AA Sectional	IHSA
68	140-08	Brittany Riley	Flossmoor (Homewood-F.)	2004	IHSA AA State Meet	IHSA
69	140-07	Janie Howse	Central A & M	5/1/2012	Sullivan Invitational	Dyestat IL
70	140-05	Lindsey Defevers	Virden	2002	IHSA A Sectional	IHSA
71	140-04	Natalie Salinas	Hampshire	2001	IHSA A Sectional	IHSA
72	140-03	Megan McElroy	Carthage (Illini West)	5/8/2015	West Central Conference Meet	Dyestat IL
73	140-02	Carrie Carpenter	Rock Island (H.S.)	2003	IHSA AA Sectional	IHSA
74	140-01	Meg Maurer	Wheaton (St. Francis)	1994	IHSA Class A State Meet	IHSA
75	140-01	Jessica Carter	Naperville (Central)	5/17/2008	IHSA AA State Meet	IHSA
76	140-01	Lizzy Jones	Minooka	6/7/2008	Senior Spotlight meet	Dyestat IL
77	140-01	Ajah Hughes	Aurora (Waubonsie Valley)	4/25/2014	Metee Valley Girls Invitational	Dyestat IL
78	140-00	Whitney Walker	Illini Bluffs	5/19/2012	IHSA 1A State Finals	IHSA
79	139-10	Banki Oginni	Hoffman Estates	5/9/2014	MSL Girls Championships	Dyestat IL
80	139-07	Aliyah Covington	Edwardsville	5/2/2014	Collinsville Girls Invitational	Dyestat IL
81	139-04	Stephanie Smith	Belleville (West)	2006	IHSA AA Sectional @ E St Louis	IHSA
82	139-02	Genny Rose Stringer	Central A & M	5/18/2013	IHSA 1A State Finals	IHSA
83	139-00	Jennifer Donnell	Hoffman Estates (Conant)	5/24/2014	IL 3A Girls State Finals	IHSA
84	139-00	Arriana Benjamin	Quincy	4/22/2017	Rob Garcia CoEd	Dyestat
85	138-10	Lauren Orris	Palatine (H.S.)	5/15/2009	IHSA AAA Sectional @ Palatine	IHSA

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86	138-07	Katie Levanti	Arlington Heights (Hersey)	2000	IHSA AA Sectional	IHSA
87	138-04	Kristi Baum	O'Fallon (H.S.)	1985	IHSA Class AA State Meet	IHSA
88	138-02	Katie MacFabe	Palatine	5/8/2009	MSL championship	Dyestat IL
89	138-01	Ginny MacFabe	Palatine	4/29/2006	Palatine Relays	IPPT
90	138-01	Allison Richter	Troy (Triad)	4/29/2016	Collinsville Girls Invitational	Dyestat IL
91	137-11.5	Olivia Herzog	Sullivan	4/21/2011	Bi-County Invitational	Dyestat IL
92	137-10	Emily Offenheiser	Stockton	5/12/2017	IHSA 1A Girls Oregon Sectional	Dyestat
93	137-08	Kari Richards	Fox Lake (Grant)	2004	IHSA AA Sectional	IHSA
94	137-07	Stephanie Saracco	Carol Stream (Glenbard North)	1992	IHSA Class AA State Meet	IHSA
95	137-07	Stephanie Benight	Hoffman Estates (Conant)	2002	IHSA AA Sectional	IHSA
96	137-06	Pollyanna Johns	Evanston (Twp.)	1993	IHSA Class AA State Meet	IHSA
97	137-04	Brenda Schumacher	Farmer City (F.C.-Mansfield)	1985	IHSA Class A State Meet	IHSA
98	137-00	Geneva McCall	Dolton (Thornridge)	2007	IHSA AA Sectional	IHSA
99	136-10	Lexie Yeley	Pekin (Community)	4/12/2014	Metamora Co-Ed Invitational	Dyestat IL
100	136-07	Stephanie Brandt	Granite City	1997	IHSA AA Sectional	IHSA
101	136-06	Jamie Nurnberger	Piasa (Southwestern)	2000	IHSA A Sectional	IHSA
102	136-06	Kristin Wycoff	Troy (Triad)	4/14/2008	Collinsville-Triad dual	Dyestat IL
103	136-06	Daniella Bunch	Mahomet (M.-Seymour)	5/16/2009	IHSA AA Sectional @ Mattoon	IHSA
104	136-04	Tracy Stroyan	Mendota	1982	IHSA Class A State Meet	IHSA
105	136-02	Samantha Howard	Glenbard South	4/6/2013	St. Charles North Invitational	Dyestat IL
106	136-01.5	Freya Block	Kewanee	4/12/2013	Riverdale Invitational	Dyestat IL
107	136-01	Ade Oshinowo	Aurora (Waubonsie Valley)	1998	IHSA AA Sectional	IHSA
108	136-01	Heather Shaw	Zion (Z.-Benton)	2000	IHSA AA Sectional	IHSA
109	136-01	Lauren Novak	Oak Forest	2001	IHSA AA State Meet	IHSA
110	136-00	Lade Akande	Robinson	2005	IHSA A State Meet	IHSA
111	136-00	Ashley Webb	Benton	2008	IHSA A State Meet	IHSA
112	135-8	Evangelynn Harris	East St. Louis	3/18/2017	MS-Berkeley Mike Rodgers Meet	Dyestat
113	135-10	Alexia Carther	Moline	2000	IHSA AA Sectional	IHSA
114	135-05	Jeneva McCall	Dolton (Thornridge)	2008	IHSA AA Sectional	IHSA
115	135-05	Jada JonesMartin	Batavia	5/5/2016	Upstate Eight Girls Conference Meet	Dyestat IL
116	135-04	Shayna Clark	Lake Park	4/15/2013	IHSA 3A Lake Park Sectional	IHSA
117	135-04	Katie Witte	Salt Fork	5/20/2017	IHSA 1A Girls State Championships	Dyestat
118	135-02	Gail Smith	Heyworth	1981	IHSA Class A State Meet	IHSA
119	135-02	Jasmine Matthews	Centralia	2005	IHSA AA Sectional	IHSA
120	135-00	Genny Stringer	Moweaqua (Central A & M)	5/20/2011	IHSA State Championships Prelims	IHSA
121	134-11	Michelle Pranger	Edwardsville (H.S.)	2009	IHSA AAA Sectional	IHSA
122	134-10	Georgia Griffin	Shelbyville	2001	IHSA A State Meet	IHSA
123	134-10	Jazmyne Durrah	Chicago (Lane Technical)	4/30/2011	Palatine Relays	Dyestat IL
124	134-08	Mariah Hoke	Quincy	4/29/2011	Becky Thatcher Relays(MO)	Dyestat IL
125	134-07	Janine Zylinski	Maple Park (Kaneland)	2003	IHSA AA Sectional	IHSA
126	134-07	Tia Robertson	Normal (Community West)	4/18/2014	Bloomington Lady Raider Invitational	Dyestat IL
127	134-07	Ugochi Ihemeson	Hinsdale (Central)	5/9/2015	WSC-Silver Girls Conference Meet	Dyestat IL
128	134-07	Cory Mata	DeKalb	5/12/2016	IHSA 3A Girls Huntley Sectional	Dyestat IL

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129	134-06	Lisa Collins	Barrington	2002	IHSA AA Sectional	IHSA
130	134-04	Keely Knobbe	Warren Township	5/22/2015	IHSA Girls Class 3A State Prelims	Dyestat IL
131	134-03	Shelby Jackson		5/22/2010	IHSA 1A State Finals	IHSA
132	134-02.5	Chelsea Wood	Fisher	2003	IHSA A Sectional	IHSA
133	134-02	Amy Blucker	Galesburg	4/2/2011	Shipley Invitational	Dyestat IL
134	134-00	Julie Sorrentino	Machesney Park (Harlem)	1998	IHSA AA Sectional	IHSA
135	133-11	Laura Orris	Palatine	5/4/2007	MSL championship	IPPT
136	133-11	Carly Fischer	Genoa-Kingston	5/21/2016	IHSA Girls 2A State Championships	Dyestat IL
137	133-10	Abby Nicholson	Catlin	5/6/2016	Vermilion County Meet	Dyestat IL
138	133-09	MaKenna Wilson	Charleston	4/18/2017	Mattoon Girls Invitational	Dyestat
139	133-08	Ellie Weltha	Bloomington	4/24/2017	Bloomington/Normal Intercity Girls	Dyestat
140	133-07	Ashley Rojemann	Galena (H.S.) (Coop)	2009	IHSA A State Meet	IHSA
141	133-06	Monique Stevens	East St. Louis (Lincoln)	1998	IHSA AA Sectional	IHSA
142	133-06	Sydney Moore	Grant Community	4/9/2012	Grant vs. Antioch	Dyestat IL
143	133-05	Jennifer Bozue	Gardner (G.-South Wilmington)	1989	IHSA Class A State Meet	IHSA
144	133-05	Janessa Ostrand	Rock Island (H.S.)	2005	IHSA AA Sectional	IHSA
145	133-05	Demaya Gunn	Marion	5/21/2016	IHSA Girls 2A State Championships	Dyestat IL
146	133-04	Bryn Buckwalter	Freeport	5/19/2012	IHSA 2A State Finals	IHSA
147	133-01	Lisa Loots	Franklin Park (Leyden)	2000	IHSA AA Sectional	IHSA
148	133-00	Emily Waldman	Dunlap	2008		Dyestat IL
149	132-11	Emily Kauffman	Mahomet-Seymour	5/18/2015	News-Gazette Honor Roll Meet	Dyestat IL
150	132-10	Debbie Rutkowski	Oak Lawn (Richards)	1984	IHSA Class AA State Meet	IHSA
151	132-09	Jenny Schloz	Pana (Coop)	1998	IHSA A Sectional	IHSA
152	132-08	Sasha Leeth	Paris	2003	IHSA A Sectional	IHSA
153	132-07	Jamie Bahr	Forreston	1998	IHSA A Sectional	IHSA
154	132-07	Aaliah Herron	East St. Louis	4/11/2015	Lady Spartan Invitational	Dyestat IL
155	132-06	Sue Fortune	Geneseo (Darnall)	1976	IHSA State Meet	IHSA
156	132-06	Paulina Gal	Burbank (Reavis)	4/26/2014	Bremen Girls Invitational	Dyestat IL
157	132-05	Dawn Payne	Aurora (West)	1998	IHSA AA State Meet	IHSA
158	132-03	Rachel Bicknase	Fox Lake (Grant)	4/28/2016	Lake County Meet	Dyestat IL
159	132-02	Elizabeth Willis	Mendota	5/7/2015	Big Northern-West Girls Conference Meet	Dyestat IL
160	132-02	Allison Torrance	Macomb	4/25/2016	Macomb Co-Ed Quad	Dyestat IL
161	132-01	Morgan Young	Mahomet-Seymour	5/17/2013	IHSA 2A State Prelims	IHSA
162	132-00	Caryn Poliquin	Gurnee (Warren)	1997	IHSA AA Sectional	IHSA
163	132-00	Jessica Przyby	Hoffman Estates (H.S.)	4/30/2011	Palatine Relays	Dyestat IL
164	131-11	LaKisha Morris	Danville (H.S.)	1998	IHSA AA Sectional	IHSA
165	131-10	Emily Anderson	McHenry	2000	IHSA AA State Meet	IHSA
166	131-10	Erica Funk	Macon Meridian	4/17/2009	Unity Invite	Dyestat IL
167	131-10	Maura Logan	Hononegah	4/23/2016	Carol Koszola Invite	Dyestat IL
168	131-09	Erin Salinas	Hampshire	2002	IHSA A State Meet	IHSA
169	131-04	Katie Witte	Catlin	5/21/2015	IHSA Girls 1A State Prelims	Dyestat IL
170	131-03	Desirae Ranberg	Wheaton-Warrenville South	5/10/2012	IHSA 3A Lake Park Sectional	IHSA
171	131-02	Anna Swisher	Winnetka (New Trier)	2001	IHSA AA Sectional	IHSA

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172	131-02	Michelle Olandese	Johnsburg	2002	IHSA AA State Meet	IHSA
173	131-01	Carrissa Tinsley	Ridgeview	5/6/2014	Heart of Illinois Conference Meet	Dyestat IL
174	131-00	Madison Lebahn	Manlius (Bureau Valley)	2005	IHSA A Sectional	IHSA
175	131-00	Amanda Egan	Geneseo (H.S.)	4/21/2011	Dixon Relays	Dyestat IL
176	130-11	Tiffany Wallick	Fisher	5/2/2009	St. Joe-Ogden Invite	Dyestat IL
177	130-09.25	Christina Frank	Illinois Valley Central	4/24/2009	Dunlap Relays	Dyestat IL
178	130-08	Teesha Block	Evanston (Twp.)	2000	IHSA AA State Meet	IHSA
179	130-08	Hannah Helminiak	John Hersey	5/10/2012	IHSA 3A Grayslake North Sectional	IHSA
180	130-08	Hope Jackson	Port Byron (Riverdale)	5/11/2017	IHSA 1A Girls Bureau Valley Sectional	Dyestat
181	130-07	DeeDee Zeigler	Stanford (Olympia)	1986	IHSA Class A State Meet	IHSA
182	130-06	Lisa Ferry	Greenville	1979	IHSA Class A State Meet	IHSA
183	130-06	Ashley Morrow	O'Fallon	2001	IHSA AA Sectional	IHSA
184	130-06	Kelsey Taylor	Camp Point Central	5/26/2009	Peoria Honor Roll Meet	Dyestat IL
185	130-05	Vanessa Mensie	Palatine (Fremd)	2007	IHSA AA State Meet	IHSA
186	130-04	Monica English	Aurora (Rosary)	5/22/2009	IHSA AA State Meet	IHSA
187	130-03.5	Tiffany Johnson	Rock Island	4/21/2007	Lake Park Invitational	IPPT
188	130-03.5	Audriana Nichol	Machesney Park (Harlem)	4/12/2014	Jennifer Kearns Invitational	Dyestat IL
189	130-02	Bobi Nelms	Addison (A. Trail)	1981	IHSA AA State Meet	IHSA
190	130-01	Sam Serrano	Hoffman Estates (H.S.)	1998	IHSA AA Sectional	IHSA
191	130-01	Jessica Travers	Mt. Prospect (Prospect)	2005	IHSA AA State Meet	IHSA
192	130-01	Sabrina Martinez	Bismarck (B.-Henning)	5/15/2017	News-Gazette Honor Roll Meet	Dyestat
193	130-00	Kara Boston	Shabbona (Indian Creek)	2004	IHSA A State Meet	IHSA
194	130-00	Samantha Sturm	Mt. Prospect (Prospect)	5/7/2010	Mid Suburban League	Dyestat IL

- Dir Ath - data came from Direct Athletics website
- Dyestat - data came from Dyestat website
- Dyestat IL - data came from Dyestat Illinois website
- HS website - data came from a high school website
- IHSA - data came from IHSA website
- IHSAp - data came from paper records at IHSA
- IPPT - data came from Illinois Prep Top Times website
- * - mark came after Illinois state championship meet